

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

OC – Off Campus
HCO – Home Care Office
\$\$ - Cost on your own

ECB – East Community Building
BLB – Bill Lowermilk Building

LR – Living Room CR – Conference Room
DR – Dining Room CP – Clubhouse Patio

1pm – Poker, ECB
1pm – Mah Jongg, DR
1:45pm – Bridge, BLB
7pm – Movie, DR

May Day

2pm – Mexican Train, ECB **2**

9am – Men's Rooster Club, DR **3**
10am – Sit & Fit (Beginner), ECB
10:45am – Groove & Move, CP
1:30pm – Corn Hole, ECB
1:45pm – Bridge, BLB
3pm – Trivia, ECB

10am – Sit & Fit (Advanced), ECB **4**
1:30pm – Bingo, ECB
3-3:30pm – The Great Courses (Part 4) "Choosing Red Wines", DR

10am – Sit & Fit (Beginner), ECB **5**
10am – Food Committee (all residents), DR
2pm – Book Club, ECB
7pm – Poker

Cinco de Mayo

10am – Sit & Fit (Advanced), ECB **6**
1:30pm – Wii Bowling, ECB

9am – Donuts & Coffee, DR **7**
10am – Balance, ECB
10:45am – "Walkie Talkies", CP
1:30pm – Bingo, ECB

Mother's Day Special
Delivery Day!

1pm – Poker, ECB **8**
1pm – Mah Jongg, DR
1:45pm – Bridge, BLB
7pm – Movie, DR

Mother's Day Lunch provided by the Quail Haven Kitchen, DR **9**
**at the regularly scheduled lunch times*
2pm – Mexican Train, ECB

Mother's Day

10am – Sit & Fit (Beginner), ECB **10**
10:45am – Groove & Move, CP
1:30pm – Corn Hole, ECB
1:45pm – Bridge, BLB

10am – Sit & Fit (Advanced), ECB **11**
1:30pm – Bingo, ECB
3-3:30pm – The Great Courses (Part 5) "Choosing Sparkling and Dessert Wines", DR

10am – Sit & Fit (Beginner), ECB **12**
9am – Executive Board, DR
2pm – Women's Gathering, ECB
7pm – Poker, ECB

11:15am – Women's Brunch Bunch (Betsy's Crepes, Southern Pines), OC, \$\$ **13**
1:30pm – Wii Bowling, ECB

10am – Balance, ECB **14**
10:45am – "Walkie Talkies", CP
1:30pm – Bingo, ECB

1pm – Poker, ECB **15**
1pm – Mah Jongg, DR
1:45pm – Bridge, BLB
7pm – Movie, DR

Armed Forces Day

2pm – Mexican Train, ECB **16**

Shavuot Begins

9am – Men's Rooster Club, DR **17**
10am – Sit & Fit (Beginner), ECB
10:45am – Groove & Move, CP
1:30pm – Corn Hole, ECB
1:45pm – Bridge, BLB
3pm – Trivia, ECB

10am – Sit & Fit (Advanced), ECB **18**
1:30pm – Bingo, ECB
3-3:30pm – The Great Courses (Part 6) "The History of Wine: From Babylon to James Bond", DR

9am – All Residents Meeting, DR **19**
2pm – Birthday Party, ECB
7pm – Poker, ECB

10am – Sit & Fit (Advanced), ECB **20**
1:30pm – Wii Bowling, ECB
3-3:30pm – Tech Thursday, DR

9am – Donuts & Coffee, DR **21**
10am – Balance, ECB
10:45am – "Walkie Talkies", CP
1:30pm – Bingo, ECB
3-3:45pm – Meet & Greet, LR

1pm – Poker, ECB **22**
1pm – Mah Jongg, DR
1:45pm – Bridge, BLB
7pm – Movie, DR

2pm – Mexican Train, ECB **23**

10am – Sit & Fit (Beginner), ECB **24**
10:45am – Groove & Move, CP
1:30pm – Corn Hole, ECB
1:45pm – Bridge, BLB

Victoria Day (Canada)

10am – Sit & Fit (Advanced), ECB **25**
1:30pm – Bingo, ECB
3-3:30pm – The Great Courses (Part 7) "The Wine Service Ritual in Restaurants", DR

10am – Sit & Fit (Beginner), ECB **26**
2pm – DIY Door Hangers, ECB
7pm – Poker, ECB

10am – Sit & Fit (Advanced), ECB **27**
1:30pm – Wii Bowling, ECB
1:30pm – WW2 Movie: "Hacksaw Ridge", DR

10am – Balance, ECB **28**
10:45am – "Walkie Talkies", CP
1:30pm – Bingo, ECB
3-3:45pm – Memorial Day Celebration, DR

1pm – Poker, ECB **29**
1pm – Mah Jongg, DR
1:45pm – Bridge, BLB
7pm – Movie, DR

2pm – Mexican Train, ECB **30**

1:30pm – Corn Hole, ECB **31**
1:45pm – Bridge, BLB

*Madison will be absent!

Memorial Day

Please remember to sign-up for all wellness & life enrichment events! The sign-up book is located at the table as you enter the dining room.
****All activities are subject to change! Reasonable efforts will be made to notify residents of changes.**